

# The Heart of Eve, the Heart of God

by: Rachael Kimery

"It is nearing the end of the sixth day, the end of the Creator's great labor, as Adam steps forth, the image of God, the triumph of His work . . . Truly, the masterpiece seems complete. And yet, the Master says that something is not good, not right. Something is missing . . . and that something is Eve . . . She is the crescendo, the final, astonishing work of God, Woman. In one last flourish creation comes to a finish not with Adam, but with Eve. She is the Master's finishing touch" (25). This is probably my favorite portion of the book *Captivating* by John and Stasi Eldredge. In this book, the authors explain the aspects of Eve's heart and how she represents God by what she desires in three ways: to be romanced, to play a vital role in an adventure, and to possess hidden beauty.

First, Eve demonstrates the desire to be loved. God is relational to His core, and Eve demonstrates this. Have you ever felt the longing to be pursued? This comes from God. "He wants us to love Him. To seek Him

with all our hearts. A woman longs to be sought after, too, with the whole heart of her pursuer" (29). For me, this explains so much. I can really see God's longing for us to be a part of His story. He has created so much beauty for us to enjoy, and you can see all throughout creation how He longs to romance us.

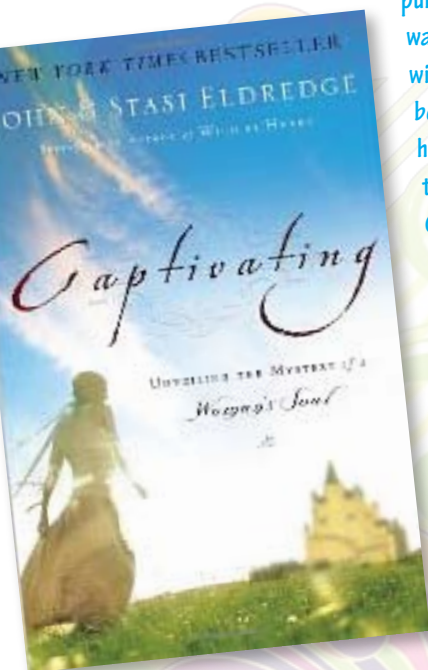
Secondly, God gave us a heart for adventure. In Genesis 2:18, God expresses Adam's need for a helper. The Hebrew here is "ezer kenegdo," which means, "sustainer beside him." In our heart of hearts, we as

women long to be a part of a great adventure. We long to be needed, and so does God. "He does not want to be an option in our lives. He does not want to be an appendage, a tagalong. Neither does any woman. God is essential. He wants us to need Him—desperately. Eve is essential. She has an irreplaceable role to play" (33). God is calling us to a life of adventure with Him.

Finally, God gives us the desire to possess a hidden beauty. "You have stolen my heart, my sister, my bride; you have stolen my heart with one glance of your eyes" (Song of Songs 4:9). As demonstrated in the book, a woman is most beautiful when she is at rest. "Our hearts need to feed on beauty to sustain them. We need times of solitude and silence. We need times of refreshment and laughter and rest. We need to listen to the voice of God in our hearts as He tells us what we need" (145). Life can get busy, and this distracts us from our one true purpose: to honor and glorify Him.

"Unveiling our beauty really just means unveiling our feminine hearts. It's scary, for sure. That is why it is our greatest expression of faith, because we are going to have to trust Jesus—really trust him. We'll have to trust him that we have a beauty, that what He has said of us is true. And we'll have to trust Him when we offer it, because that is out of our control" (147). This is a beautiful way of how God draws us to Himself, and we get to be a part of it.

These are just a few thoughts from the book that really stuck out at me. This book helped me realize that I really am beautiful and I really am important. This is the best book I have read besides my Bible that explains who I am in Christ, especially as a woman. It gets deep into your heart and breaks you for God so He can completely heal you. To really dig deep into who you are as a woman and how you represent the heart of God, read *Captivating*. I guarantee it will change your life and the way you think about God.



We are giving away one free copy of *Captivating*. Go to <http://bellevuegirlsministry.blogspot.com> and tell us what you like about the newsletter and how we can reach you.

## Cut Out Corner

Save the Date!

"Girls Night Out" Thursday, April 22, 6:00-9:00 p.m. in the Edge. \$3.

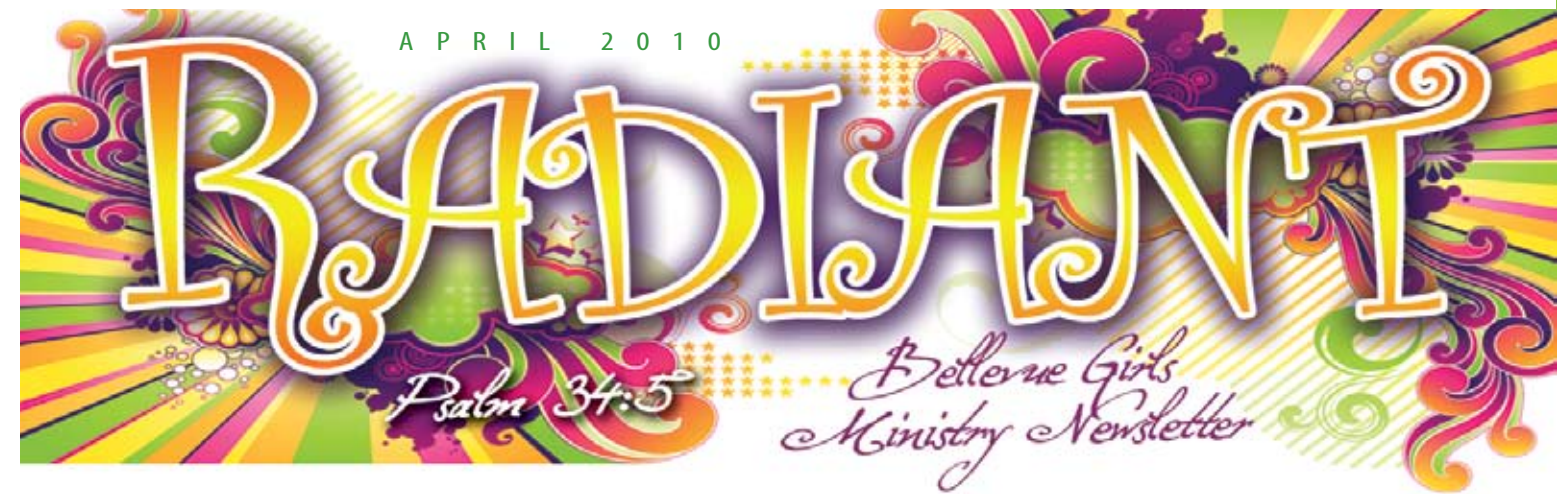
Chocolate, Crafts, & Clothes Swap! Invite a friend!



Have an idea for the next newsletter?  
E-mail Jennie at [jmckay@bellevue.org](mailto:jmckay@bellevue.org).

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## SENIOR GIRLS' ADVICE ON HIGH SCHOOL

**Amber Carrington:** God put you on this earth to be a shining city on a hill. Don't be anyone else but yourself. Let God's light shine through you. Our names are written on His heart, so however weak we are, He is that much stronger.

**Abby Espy:** "You may be the only Bible someone ever reads." "Wherever you go, whatever the weather, bring your own sunshine." "Life is like a mirror; we get the best result when we smile at it." You can do anything you put your mind to. Don't let someone talk you out of doing something you love. Spend time with the Lord daily! And enjoy high school – it only happens once!

**Ariel Mathis:** Do not over book your schedule. It seems simple, but trust me, there is no point overbuilding a college resume with a ton of activities that you did not get to fully enjoy. Focus on what you enjoy most and learn to say "no" when you need to.

**Meagan Jones:** God is going to allow people to come into your life and then allow them to leave, but He will fill their spot with someone who will either have a greater impact on your life or someone's life you can impact from a previous experience. God has a much better plan than you do. Don't try to rush God because what happens will always happen on His perfect timing and not yours.

Senior Girls, we will miss you and will be praying for you as God leads you into this new season of life! We want to celebrate and honor you at the annual Senior Girls Tea. Mark your calendar for Sunday, May 2, and watch your mailbox for your official invite!

"What you do is not who you are but who you are should have a tremendous impact on what you do." (author unknown)

**Olivia Eanes:** "Never be afraid to trust an unknown future to a known God." ~ Corrie Ten Boom

**Leah Hamilton:** "Walk by faith, not by sight" 2 Corinthians 5:7. If I live my life too safely, I will never know the thrill of seeing Christ work through me. When He gave me His Spirit, He empowered me to live beyond my natural ability and strength. The issue is not my strength but His, which is limitless. By walking close to Him, I can accomplish His purposes in His strength. But to receive His strength, I must recognize my weaknesses and be willing to let Him take control and depend solely on Him. Instead of trying to fit my days in a preconceived mold, I must relax and be on the lookout for what He is doing. He has it all planned out; all I must do is trust Him!

**Haley Bell:** "God sees tomorrow like we see yesterday" (author unknown). The future is uncertain, but God knows exactly what He is doing. Also, be yourself always.

**Sarah Currey:** Find an older, wiser, godly woman to disciple you. Spend time with her and have her challenge you in your walk with Jesus. Having an active role model in your life is revolutionary. God designed it that way to help us grow.



## Letter from Leslie

Wow—what an amazing privilege and adventure it has been for me to travel this season of life with you girls over the course of the last 4.5 years. From camps to missions projects or our many "girls only ventures," I have been blessed beyond measure to have been given the opportunity to entrust to you girls what God has allowed through His Word to be entrusted to me! (2 Timothy 2:2)

My hearts desire for Bellevue Girls Ministry has always been to see an army of teenage girls come together to seek hard after Jesus. I love to see you as you encourage one another and spur one another on and challenge your own generation to be authentic followers of Jesus Christ. I look forward to all that God has in store for each of you and

couldn't be more excited to know that you have one of the godliest and gifted leaders continuing along beside you! Please make sure that you make every effort possible to support and learn from Jennie McKay—she is truly one who can say as Paul did in 1 Corinthians 11:1- Follow me as I follow the example of Christ!

Please know that I love and appreciate you all and look forward to our paths crossing again as you head towards the College Ministry!

For His Glory, Leslie Hollowell  
[lhollowell@bellevue.org](mailto:lhollowell@bellevue.org)

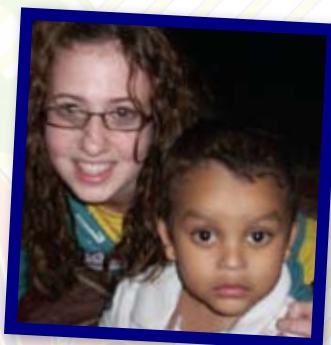
# Impact Your World

by: Jennie McKay



God has called each of us to impact our world, and many students for their Spring Break chose to do just that! They were obedient to Matthew 28:19-20: "Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." God's

heart is for all nations and all peoples to come to know Him as their Lord and Savior. How are you doing in sharing Christ with your neighbors, classmates, co-workers, and those all around the globe? There are opportunities all around us every day!



Thanks to the groups that served over Spring Break in Gulfport, Mississippi, and Tegucigalpa, Honduras! If you served in the community or other parts of the world, we would love to hear your story! Email us: [jmckay@bellevue.org](mailto:jmckay@bellevue.org)



## Girls Ministry Blog

Hey girls, like the newsletter? Want to see more? Visit the new Girls Ministry Blog for pictures, events, cool info, and more! Leave me a message and let me know what you would like to see in the next newsletter! <http://bellevuegirlsministry.blogspot.com>. Thanks for reading! ~Jennie



## Health Tips

by: Hannah Johnson

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### TIPS for being naturally thin!

- Take "unplanned" opportunities to be active.
  - Take the stairs
  - Choose a farther parking spot
- Choose eating at home instead of eating out.
- Eat several small meals throughout the day... NEVER skip meals (your body will switch to starvation mode and you will probably eat more the next meal, causing you to consume more calories).
- Eating breakfast causes you to burn more calories throughout the day.
- ONE minute of intense exercise a day can boost energy and reduce stress.

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### Stress

One of the main reasons many people are unhealthy is simple. Stress. Stress can cause everything from weight gain or loss to high blood pressure and stroke. Matthew 6:27 says, "Who of you by worrying can add a single hour to his life?" Here are some tips:

- Exercise regularly.
- When you start to get stressed, make a list of things God has blessed you with.
- Do not procrastinate.
- Most importantly, trust God and give it all to Him. Trust His Word, and He will get you through.

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### Taking Care of the Temple

God has called us to take care of our bodies ("Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body," 1 Cor. 6:19-20) but not to obsess about it. Abusing your body by starving it or other harmful things will not only not be glorifying to God, but will also greatly slow down your metabolism in the future, causing it to be very challenging to keep the weight off. So be smart, keep things in moderation, and remember you are beautiful no matter what your weight (Psalm 45:11).

The King is enthralled by your beauty; honor him, for He is your Lord (1 Peter 3:4).

# SPRING & SUMMER FASHION

By Casey Glover & Brittany Johnson

Well it's that time of year again! The weather is beautiful and the temperature is rising each and every day! With the rising temperature also comes the "shedding" of long-sleeved shirts, jackets, and pants that fill up our winter wardrobes. So we ditch pants for those super cute shorts, cut off the sleeves of shirts for tank tops, and BAM! Super cute summer outfit! Umm... not quite, let's think about this real quick. Summer may mean a different set of clothes, but it doesn't mean we should wear whatever keeps us looking good and the coolest. You can still be modest and stay cool. No, we are not going to go into a lecture about modesty. Casey and I are writing this article to give you some tips on how to dress your best and still give all the glory to God. => So lets begin!



**Tops:** If you're like me, when it comes to summer you hate wearing shirts that are uncomfortable in the sticky humidity and hot temperatures. It doesn't mean you have to wear old camp t-shirts each day of summer, but you could perhaps wear a bright shirt with another bright colored cami. Another idea for a cute summer top is to layer tank tops: layer one with a cute design over a plain colored one. And you don't have to do just two tanks; you could layer three at a time and have a wide variety of colors!



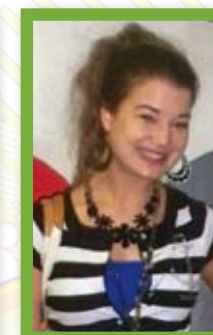
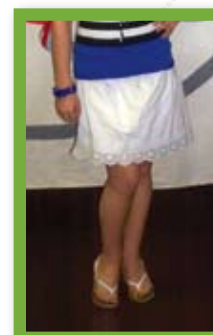
**Bottoms:** Shorts have always been the big thing to wear during the summer, but as the years have gone by shorts have gotten shorter... and shorter. Most of the time when you go to the mall looking for shorts, the cute pair of shorts you see barely covers what really needs to be covered. God wants our body to be treated with honor: it's His temple so we should treat it with great honor! 1 Corinthians 12:23 says, "And the parts that we think are less honorable we treat with special honor. And the parts that are unrepresentable are treated with special modesty." So when shopping for summer bottom attire it is better to increase the length than to decrease the length. Capris are a great way to stay cool, be modest, and look stylish! Bermuda shorts are also a great choice, and if you just can't decide what to wear with your cute top, then go with your old favorite pair of jeans.



**Shoes:** This is the time of year where flip flops and sandals are the thing to wear: a pair of flip flops can go with just about everything you wear this season. You can find these shoes at just about any retailer from Walmart to Old Navy, and the latter has an amazing spread of colors of flip flops and at a good price! If you want to "snazz" up your footwear for a nicer outfit go with a pair of T-strap sandals or the always popular Gladiator Sandal, and you can find both in all kinds of designs and colors.



**Accessories:** Scarves, sunglasses, bags oh my! Everyone needs a pair of sunglasses such as a great pair of Aviators. They don't only protect your eyes, but they also make a good headband when needed. Scarves are always a fun thing to wear. They look good and can cover up any necklines that may go a little far down. Then you have the bags, and every girl has her favorite bag. My personal favorite (right now) is my Vera Bradley Hipster, and there are dozens of styles of bags out there. This summer, bright colors are the thing to have!



## Memory Verse

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body."

1 Corinthians 6:19-20